

The Church Health Center Position Announcement

Position: Exercise & Movement Specialist

Date of Posting: January 10, 2012

Work Area: Exercise & Movement Department in CHC Wellness Center

Position Summary:

The Church Health Center of Memphis (CHC), a not-for-profit organization; has an opening for a full time Exercise & Movement Specialist (E&M Specialist) in its Wellness Center. As a part of the E&M team, the E&M Specialist assists in providing the resources and tools to Wellness Center members to achieve their healthy lifestyle goals. This position cross-trains with other Wellness Center departments for a comprehensive program for members.

Flexibility in shift availability is a must as the required schedule for this position is a mix of days, evenings, and Saturdays.

Position pay falls in the range of the low to mid 20,000's

Only those applicants that meet the criteria below will be contacted for an interview

JOB DESCRIPTION

Essential Functions:

As an E&M Specialist, the candidate will engage in a variety of tasks that include:

- Triage and Assess Wellness Center members and schedule appointments
- Design exercise plans
- Provide equipment orientation to members
- Teach various E&M classes
- Monitor sports court activities
- Maintain equipment
- Integrate with other departments for an inclusive health and wellness experience for members

Education/Experience Requirements:

The qualified candidate should have:

- A completed Bachelor's Degree in Exercise Science or other appropriately related field is required
- At least one to three years experience in a health related field

Special Skills & Knowledge:

Candidate should possess the following skills/knowledge to expertly perform in this position:

- Exceptional interpersonal skills
- Excellent written and verbal communication skills
- Possession of **current** CPR and First Aid certification is **required**
- Competency in computer skills
- Extraordinary knowledge of exercise design
- Professional workplace maturity

APPLICATION INSTRUCTIONS

Please follow the application submission instructions as indicated

Send resume to as an attachment to: paulsenc@churchhealthcenter.org

Please type: "E&M Spec" in the subject line

Employment process includes a background screening

Phone calls to determine resume status will not be accepted during the process