



Faith
Community
Outreach

Congregational Health Promoter Classes

Since 1988, the Church Health Center has trained lay people to promote health in their congregations and communities.

Tuesday nights, **March 6 through April 24**
6 to 8 p.m.

Church Health Center Wellness, 1115 Union Avenue
(Entrances on both Union Avenue and Eastmoreland Avenue)

Learn how to promote a healthier congregation in your faith community.

Topics To Be Covered:

- Community Resources
- Nutrition
- Diabetes
- Hypertension
- Taking Medications Correctly
- Pre-Natal and Baby Care/Women Issues
- Sexually Transmitted Diseases
- Mental and Emotional Health and Congregational Care
- Tips about How To Start A Health Ministry
- Congregational Aftercare

FREE!!



For more information or to register, please call our Faith Community Outreach office at (901) 261-8833 or email fco@churchhealthcenter.org. To register online go to www.ChurchHealthCenter.org. Deadline to register is Tuesday, August 30

Church Health Center | 1115 Union Avenue | Memphis, TN 38104 | 901.261.8833 | www.ChurchHealthCenter.org

Medical • Wellness • Outreach



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